

# Valley Forge Elementary School Menu

<p><b>March 23</b></p> <p>Pizza Dippers</p> <p>Carrots w/ Tarragon Caesar Salad Warm Cin. Apples Milk selection</p>	<p><b>March 24</b></p> <p>Popcorn Chicken with Dipping Sauce</p> <p>Tator Tots, Broccoli w/ dip Fruit Snacks Milk Selection</p>	<p><b>March 25</b></p> <p>Hot Dog on a Bun</p> <p>Baked Beans Peaches Milk Selection</p>	<p><b>March 26</b></p> <p>Soft Shell Taco</p> <p>Lettuce, Tomato, Cheese Roasted Corn Carrot Sticks Grapes Milk Selection</p>	<p><b>March 27</b></p> <p>Personal Pan Pizza</p> <p>Green Beans Tossed Salad Pears Milk Selection</p>
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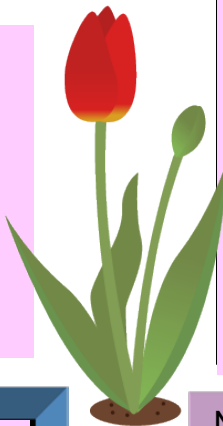
## Spring Break March 30 –April 6

<p><b>April 6</b></p> <p><b>No School For Students (In-service for Instruc- tional Staff)</b></p>	<p><b>April 7</b></p> <p>Chicken Patty Sand.</p> <p>Pears, Broccoli w/ Cheese Cucumber Slices Milk Selection</p>	<p><b>April 8</b></p> <p>Nachos w/ Beef And Cheese</p> <p>Carrots w/ Tarragon Lettuce, Tomato Tossed Salad Mixed Fruit Milk Selection</p>	<p><b>April 9</b></p> <p>Chef's Choice Chicken w/ Roll</p> <p>Baked Beans Apple Wedges Milk Selection</p>	<p><b>April 10</b></p> <p>Mickey's Pizza Wedge</p> <p>Green Beans Caesar Salad Apple Sauce Milk selection</p>
<p><b>April 13</b></p> <p>Popcorn Chicken with Dipping Sauce</p> <p>Tator Tots, Broccoli w/ dip Orange Smiles Milk Selection</p>	<p><b>April 14</b></p> <p>Cheeseburger</p> <p>Chicken Noodle Soup Mixed Fruit Milk Selection</p>	<p><b>April 15</b></p> <p>Spaghetti and meatballs</p> <p>Dinner Roll Caesar Salad Peaches Milk Selection</p>	<p><b>April 16</b></p> <p>Chicken Tenders</p> <p>Broccoli w/ Cheese Applesauce Milk Selection</p>	<p><b>April 17</b></p> <p>Mickey's Pizza Wedge</p> <p>Green Beans Tossed Salad Fresh Fruit Selection Milk Selection</p>
<p><b>April 20</b></p> <p>Pancakes, sausage, syrup</p> <p>Hash Browns Fresh Fruit Selection 100% juice Selection Milk Selection</p>	<p><b>April 21</b></p> <p>Toasted Cheese Sand.</p> <p>Tomato Soup Goldfish Peaches Milk Selection</p>	<p><b>April 22</b></p> <p>Chicken Nuggets w/ Roll</p> <p>Baked Beans Apple Wedges Milk Selection</p>	<p><b>April 23</b></p> <p>Soft Shell Taco</p> <p>Lettuce, Tomato, Cheese Black Bean salsa Carrot Sticks Fresh Grapes Milk Selection</p>	<p><b>April 24</b></p> <p>Stuffed Crust Pizza</p> <p>Green Beans Tossed Salad Hot Cinnamon Apples Milk Selection</p>

## Weekly Specials Offered

<p><b><u>Week 03/23 – 03/27</u></b></p> <p>B. Cheeseburger C. PB&amp;J D. Taco Salad</p>	<p><b><u>Week 04/06 – 04/10</u></b></p> <p>B. Ham and Cheese Sand. C. PB&amp;J D. Chicken Caesar Salad</p>	<p><b><u>Week 04/13 – 04/17</u></b></p> <p>B. Yogurt Bites C. PB&amp;J D. Taco Salad</p>	<p><b><u>Week 04/20 – 04/24</u></b></p> <p>B. Hot Dog C. PB&amp;J D. Bologna and Cheese Sand..</p>
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**Elementary Breakfast Meal \$1.40**  
Four Items:  
1. Bread 2. Protein 3. Fruit 4. Milk  
You may take all four items, but must take at least three items to count as a Meal. You may take two breads or one bread and one protein and one fruit and one milk.  
Choose from the following:  
1 Bagel 2 sm muffins 1 Cereal & 1 sm muffin  
French Toast & Sausage Patty  
Fresh Fruit 4oz 100% Fruit Juice  
Milk



**Elementary School Lunch Meal \$2.75**  
Five Items:  
1. Protein 2. Bread 3. Fruit 4. Vegetable 5. Milk  
You may take all five items, but must take at least three items, with one of the three items being a fruit or vegetable to count as a lunch. Entrée's usually count as two items (Protein, Bread).  
Choose One Entree:  
(Protein, Bread)  
Choose up to Three:  
(choose 1 Fruit & up to 2 Vegetables)  
Choose One:  
(1% white, skim white & non-fat chocolate milk)  
(Water is available for an additional cost of \$.70)

**CAFETERIA ACCOUNT**  
Please include your child's name and pin # with all pre-payments. You may also pay online at [www.paypams.com](http://www.paypams.com). FREE registration (\$1.95 fee for online deposits)

**Notes about our Menu**  
 Milk is available with each meal: 1% White, Non-Fat White or Non-Fat Chocolate  
 A minimum of 1 Fresh Fruit & 1 Fresh Veg are available with each meal, as well as 4oz Apple and Grape Juice